

How to Develop a Prayer Notebook

1. List and categorize your prayer items. First, list all the things you would like to pray for regularly. Group these items into categories such as worship, praise, thanksgiving, family, friends, relatives, church, job, evangelism, your spiritual children, missionaries, or other categories that fit your list.

2. Assign the items for daily prayer. As you are grouping the requests, you will have some that you want to pray for every day. Some of these will be fairly permanent items on your daily list. Others may appear on the list for only a few days or weeks. For now, determine all the items you would like to pray about daily.

3. Assign the other categories to a certain day of the week.

Organize your prayer notebook with a section marked daily, and then one for each day of the week.

Distribute the non-daily requests over the seven days of the week. You may want to assign a category to a specific day because that is the day on which you have contact with these people. If, for example, you lead a Bible study group on Tuesday, you may want to pray each Tuesday morning for the people in your group. This can add vitality to your prayer times.

4. Neatly write or type your prayer pages. Now that you have come up with prayer items and categories and have assigned them to specific days, you can put together your final lists. Your lists will be much more conducive to use in prayer if they are neatly organized.

Some other sections you may consider adding:

5. Miscellaneous prayer information. Some suggestions for information you might include would be:

- a. A list of Paul's prayers. They are a great pattern to use in praying for believers.
- b. Quotations regarding prayer.
- c. Tyranny of the Urgent - booklet or:

http://crossbridgediscipleshipschool.weebly.com/uploads/7/8/2/3/78234118/tyranny_of_the_urgent.pdf

d. My Heart Christ's Home - booklet or:

http://www.loganchristianfellowship.com/uploads/3/8/9/7/38975341/my_heart..._christs_home.pdf

(Beware: there are many modern perversions of the original)

e. Those prayer lists for people who have moved out of your life, but for whom you still want to pray, yet maybe not on a weekly basis.

6. An answered prayer section. Instead of removing prayer pages when answered, consider saving them in this section. Reviewing them reminds you of God's faithfulness and the truth of James 5:16 "the effectual fervent prayer of a righteous man availeth much."

Following an organized pattern or structure can enable you to be more consistent and effective. A reasonable amount of organization and structure can greatly enhance your life, ministry, and prayer life. These guidelines can help you use a prayer list without feeling too confined:

1. Periodically reevaluate the structure and content of your prayer pages. Make adjustments if necessary.
2. Be as free in dropping items from your prayer list as you are in adding items.
3. Do not be bound by your list. Allow the Holy Spirit the opportunity to bring additional current prayer items to your mind.
4. Periodically ask people for the specific things they would like you to be praying for them. Put these items in your prayer notebook.